



Follow us:
Bowen/Collinsville Family Day Care



Welcome New Families!

Hansen, Mills, Shannon,
Stanley/Butler, Blackman,
McDonald, Hathaway/
Singh, Dunn, Gill, Day/
Bubb, Andrew/Farlow,
Smith/Skelly, Dullahide/Kane,
Guistelli, Lako/Lee,
Bryant/Sweetland, Bensulum/Lamarche
Campbell/Singh, Grevsmuhl

Dates to note:

04th – Pancake/Shrove day

17th – St Patricks Day

21st – Harmony Day

21st – World Down syndrome day

Does your family live away from your little one?

Ask your educator about sending family members an invitation to your child's childcare communication platform (Kinderloop/Storypark/Appessment etc). This is a great way for family to feel connected, to see your child's activities and progress!



Questions? Comments? Feedback? Suggestions?

We would love to hear from you!
Please email us at fdcbowen@tpg.com.au

Confirming your CCS enrolment.

Before Centrelink will pay your Child Care Subsidy (CCS), you need to confirm your child's childcare enrolment.

How to confirm the enrolment details:

Once we get the new information from your childcare service, you need to confirm the enrolment details. If your Centrelink online account is linked to myGov, you can do this online.

Select the **task** in your Centrelink online account, and then select **confirm** to verify your child's details are correct.

If a task doesn't appear and you are getting CCS, follow these steps:

1. Sign in to myGov.
2. Select **Child Care** from the **My family** menu option.
3. Select **Enrolments** and find the relevant enrolment details.
4. Select **View details** and then **confirm**.
5. Answer the questions about the enrolment to confirm these details are correct.

For more information visit: <https://www.servicesaustralia.gov.au/confirm-enrolment-for-child-care-subsidy?context=41186>

welcome

Bowen/Collinsville Family Day Care would like to welcome two new Educators to the team!



'As an Educator, I Believe each child is an individual with their own: - Interests, abilities, skills, strengths.'



"Today's children. Tomorrow's leaders" I believe that every child is unique and deserves the opportunity to explore and learn in a nurturing and supportive environment.

Sue is based in Proserpine as 'Sue's Family Day Care'.

Kate is based in Moranbah as 'Blossom and Bloom' Family Day Care.

→ FREE ←

Professional Development for Educators

***Introducing inclusion: Looking at diversity and adversity through an inclusive framework
Every child has the right to both feel included and be included. Educators play a vital role in ensuring that every child is aware of this right.***

In this module, you will learn how an inclusive framework can support you, as an early childhood professional, in creating a culture of responsive and respectful relationships with children, their families, those you work with as well as the community you are a part of. You will also understand how to apply inclusive practice through critical reflection and how creating a culturally safe space can help children form positive attachments and develop a strong sense of belonging and identity.

To find out more:

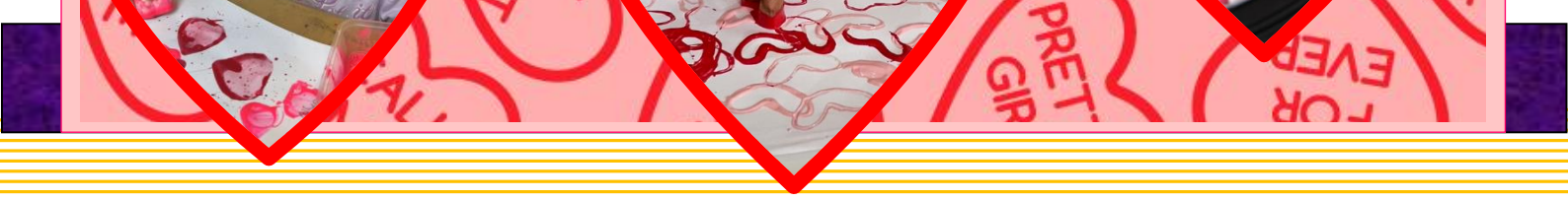
https://shop.earlychildhoodaustralia.org.au/product/module098/?_gl=1*_zowj9p*_gcl_au*MjEyNzMSNjUwOC4xNzMSMzgyNTg3*_ga*NzczODYwNTUyLjE3Mjg1MTC1MDk*_ga_JVRXX01CK4*MTczODEyNDQyNS41LjEuMTczODEyNDU3Mi40Ny4wLjIwNzk3OTA4NjY

Website:
www.bowencollinsvillefamilydaycare.com.au

Contact:
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fdcbowen@tpg.com.au

HAPPY
Valentine's
day



Encouraging respect for cultural diversity

Early childhood is an ideal time for children to learn about and form friendships with people from different cultures, races and ethnicities.

Here are 3 simple ways you can encourage respect for cultural diversity in your setting...



Explore similarities and differences

Emphasise how we are all special and unique in our own way but share many things in common.

Challenge stereotypes

Identifying and challenging harmful stereotypes is an important way of preventing prejudice.



Discover more about different cultures and different families

Discover new things about different cultures, families and communities through art, music, stories, museums, libraries and festivals. Find out more about different families' customs, values and beliefs.

Find out more ways to build belonging in your centre here:
www.humanrights.gov.au/education/early-childhood/building-belonging

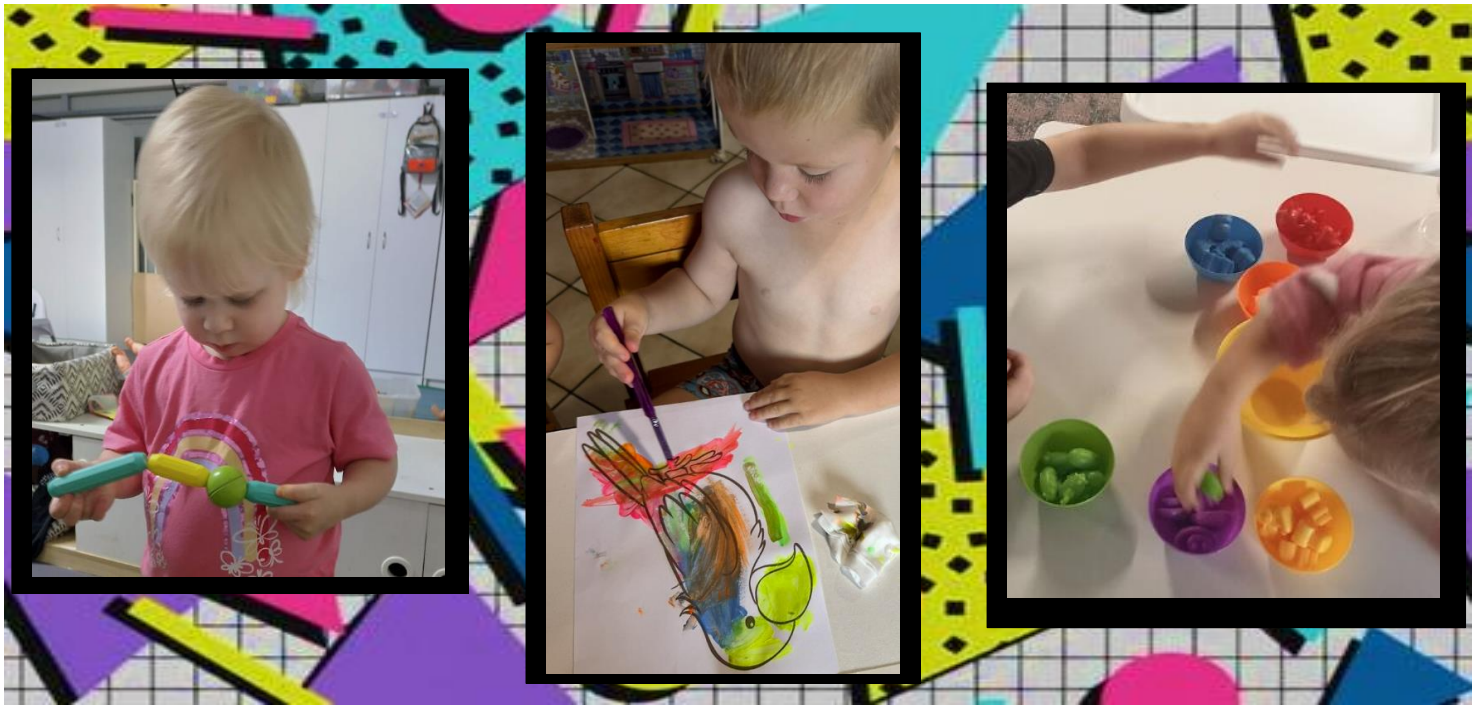




INTENTIONAL TEACHING

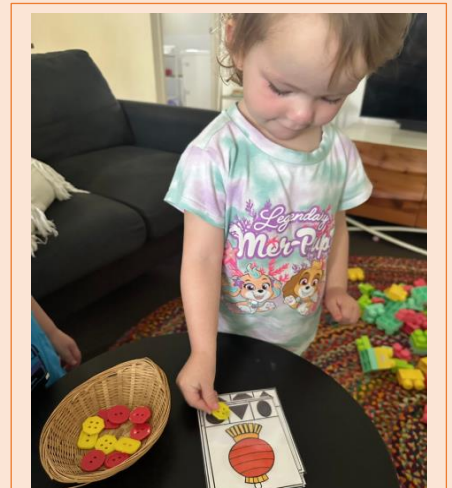
1.2.1 Educators are deliberate, purposeful and thoughtful in their decisions and actions.





2025
CHINESE
NEW YEAR
— ✨ —
YEAR OF THE SNAKE

EYLF OUTCOME 2



Eat healthy, stay strong and live long

Drink Water
Got thirsty...
water first!

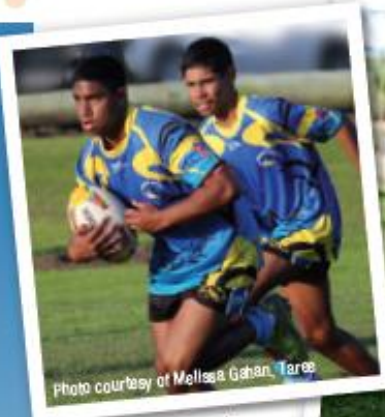


Photo courtesy of Melissa Gahan, Taree



Be active every day

Eat Less Sugar

- Limit foods and drinks with added sugar
- Add less sugar to your tea or coffee



Eat Less Saturated Fat

- Limit fried foods
- Trim fat off meat
- Take skin off chicken
- Choose reduced fat milk



Eat Less Salt

- Don't add salt as you cook or at the table
- Choose low salt foods



Healthy Snack Ideas



10566 Sept 2015

Sustainable Craft Idea

Paper towel roll stamps

Use your scissors to create shapes, sometimes a bit of tape is required to hold a shape in place. Get some paint and paper and let the kids' imaginations run wild!



TUNA BENTO BALLS

Ingredients (10)

- 2 CUPS SUSHI RICE
- 1/3 CUP SUSHI SEASONING
- 425g CAN TUNA IN BRINE, DRAINED
- 125g CAN CREAMED CORN
- 2 TBSP JAPANESE MAYONNAISE, PLUS EXTRA TO SERVE
- 1 AVOCADO
- 1/3 CUP SESAME SEEDS, TOASTED



1. COOK RICE AS PER INSTRUCTIONS, ALLOW TO COOL AND STIR THROUGH SUSHI SEASONING
2. PLACE TUNA, CORN AND MAYONNAISE IN A BOWL AND MIX TO COMBINE. FINELY CHOP 1/4 OF THE AVOCADO AND FOLD THROUGH.
3. USING DAMP HANDS AND 1 ROUNDED TABLESPOON AT A TIME, PRESS FIRMLY AND SHAPE RICE INTO 22 TO 26 BALLS. HOLDING 1 BALL AT A TIME, PRESS 1 FINGER INTO THE BALL TO FORM A HOLE. FILL WITH 2 TEASPOONS TUNA MIXTURE. SHAPE AND FOLD RICE TO COVER TUNA. ROLL BALLS IN SESAME SEEDS AND REFRIGERATE UNTIL REQUIRED

Games and Play: Addition Triangles

These are a great way for exploring number bonds. They represent the part-part-whole model used in Singapore Maths.

You can paint your addition triangles onto a piece of suitable material such as cardboard, or you can simply use large chalk and create them wherever you are on a flat surface.

Using specially created and decorated stones (or other resources such as leaves and sticks), you can explore number bonds with your child wherever you are.

For example, start with five stones or other items like seed pods or leaves in the top circle. Then invite the child to split them up into different quantities and put the stones in the two lower circles. For example, it could be 1+4, or 2+3.

This activity is all about **Number Sense** and **Mental Computation (Counting)**, **Explaining** and **Designing**.



Educator Spotlight

Desiree Topacio



Name: Desiree Topacio, trading as Little Ducks Family Day Care

Location: Tully, FNQ

How long have you been an Educator: 8 years and loving it.

What is your favourite things about being an Educator: Fulfilling the young mind. Teaching and interacting with children is so rewarding. Making a child feel comfortable and confident in expressing themselves. Every child can surprise you every day and that is so exciting. When a child grows and is out of my care, they still know me and say "Hi Ms. Des", I like the strong bond with the child and their families.

How would you describe Little Ducks Family Day Care: Little Ducks FDC believe that children gain from the opportunity to learn through play, exploration in a small group and in a home environment. Little Ducks provides an atmosphere where the children feel cared and supported, whether babies to toddlers to Kindy aged, they all welcome to play and learn in Little Ducks.

Do you have any tips for your fellow Educators? Love what you do, and you won't get tired of doing it again and again.

Are you happy for other Educators to reach out and connect with you? Yes please. All educators need to reach out and need help too.





Do you have a child under 5?

Sign up for free text messages with information about:

- your child's growth
- looking after yourself
- helping their brain develop and more.







Connecting2U


Register now

Scan the QR code or visit

childrens.health.qld.gov.au/connecting2u

 **Acknowledgement to Country**
Wadda Mooli

   We acknowledge the traditional custodians of the land upon which we work and live, the Juru people of the Birri Gubba nation, and recognise their continuing connection to land, water and community.

 We pay our respects to Elder's past, present and emerging.

